

EMERGING ADULT COMMUNITY-BASED PARTICIPATORY RESEARCH WITHIN THE JEAP INITIATIVE

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WHY ENGAGE IN COMMUNITY-BASED PARTICIPATORY RESEARCH?

Bringing together lived experience & research expertise leads to better research:

- Improves research design, study recruitment, and the impact of research findings
- Provides a forum for marginalized groups to express concerns and ideas

JEAP INITIATIVE: THE INITIATIVE FOR JUSTICE AND EMERGING ADULT POPULATIONS

The JEAP Initiative aims to advance research on recovery support services

Focus Areas:

Types of recovery support services:

- Peer supports
- Recovery residences

Populations:

- Young adults
- Justice-involved adults

Subtopics within substance use:

- Opioid use
- Polysubstance use
- Medication Assisted Treatment “MAT”



ASPECTS OF COLLABORATION WITH COMMUNITY BOARDS

Board member recruitment & selection

Training for Board members & Investigators

Helping each Board establish group guidelines

Hold regular Board meetings

Assisting with Board functioning & cohesion



Recruitment challenges



Changing the language in recruitment materials



Turnover higher than expected

LESSONS LEARNED:
RECRUITMENT

SOCIAL MEDIA EXAMPLE PAGE

Instagram

Log In Sign Up



jeapinitiative

Follow

Message



20 posts

62 followers

31 following

JEAP Initiative

jeapinitiative

Advancing research on peer recovery supports.

POSTS

TAGGED

Are you a young adult in recovery?

Join a Community Board to use your experience to make an impact!

NEW INTERNSHIP OPPORTUNITIES WITH THE JEAP INITIATIVE

NOW OPEN:

- SPRING 2024 INTERNSHIP
- SUMMER 2024 INTERNSHIP

APPLY BY FEBRUARY 2ND, 2024

What is Recovery Capital?

The internal and external resources that can be used to promote or sustain recovery from a substance use disorder.

Tangible <ul style="list-style-type: none">MoneyPropertyInsuranceInsuranceBasic needs met	Personal Characteristics <ul style="list-style-type: none">SkillsEducationMental healthPhysical healthCoping
Social <ul style="list-style-type: none">Access to and engagement with social activitiesFamily and peer support	Perceived Community <ul style="list-style-type: none">Awareness of resources or signsCulturally appropriate supportsCommunity involvement

Searching for young adults in recovery to join our national **Young Adult Community Board**

APPLY TODAY!

- Ages 18 - 28
- Has received treatment involving medications for opioid use disorder

Paid opportunity (\$150 per remote meeting)

FOR MORE INFO:
chearr.org

WE'RE HIRING!

Join Chestnut Health Systems' Lighthouse Institute as a **SCIENTIFIC GRANTS ADMINISTRATOR!**

- Full-time with benefits
- **Remote position**
- Play a pivotal role in scientific research initiatives

APPLY TODAY!
<https://careers.chestnut.com/>

Implementing strategies to reduce Overdose Fatalities

Recommendations from the National Overdose Reduction Continuum of Care Brochure (ORCCA)

Friday, February 2nd 3:00 - 4:30 PM ET

Register Now
<https://bit.ly/STIEPwe>



Recruitment challenges



Changing the language in recruitment materials



Turnover higher than expected

LESSONS LEARNED:
RECRUITMENT



Guided meditations & more



Camera off culture



Privacy & confidentiality

LESSONS LEARNED:
BUILDING TRUST &
COLLABORATION



Communication differences

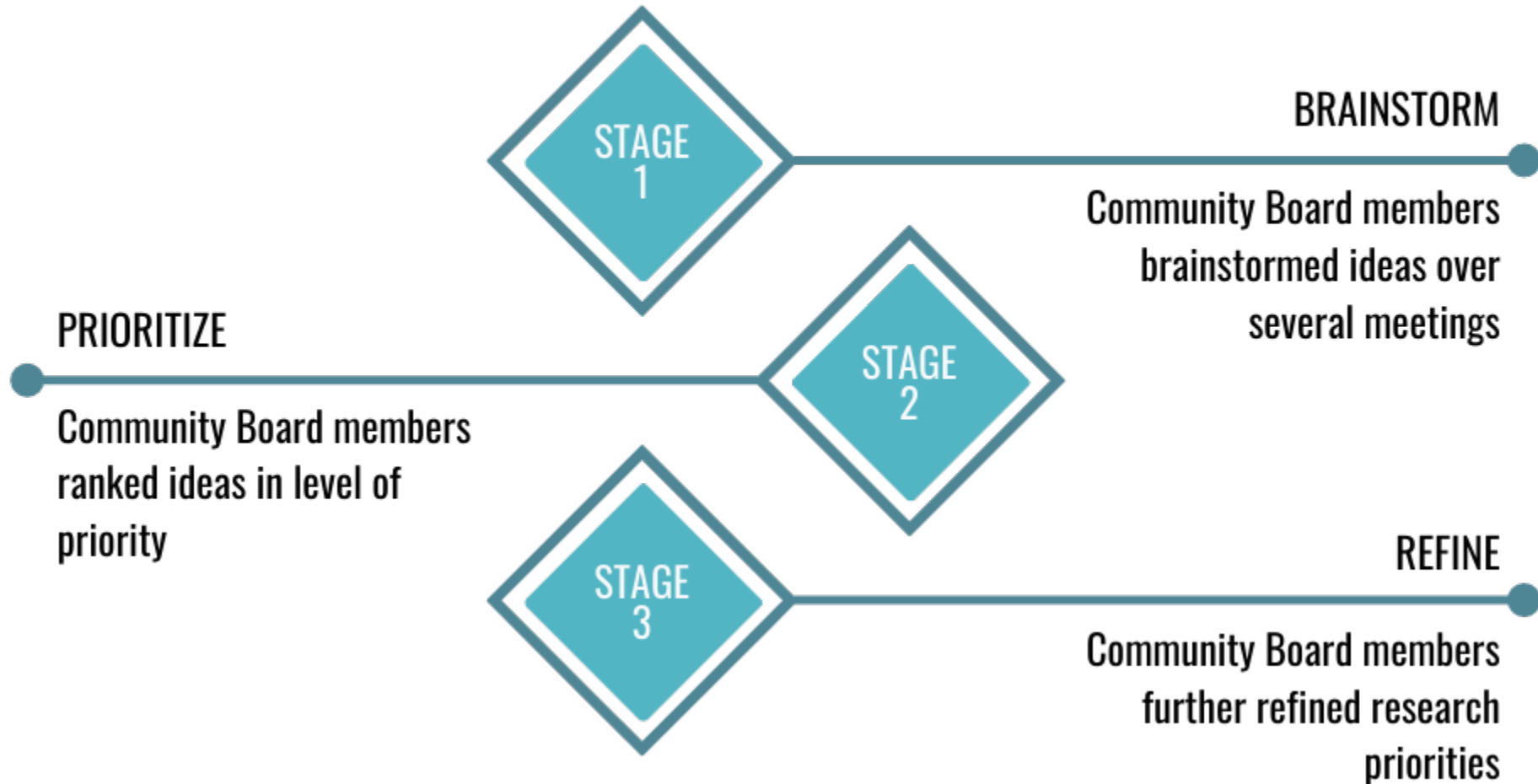


Co-facilitator stipends

LESSONS LEARNED:
LOGISTICS



PROCESS USED TO GENERATE JEAP INITIATIVE RESEARCH PRIORITIES



STAGE I: BRAINSTORM

In your experience, what helped/worked? What didn't help/work?

What were the barriers or challenges? What helped you overcome a barrier or a challenge?

What do policymakers/funders/legislators need to know in order to make the right decisions?

Populations:

- Young adults
- Justice-involved adults

Types of recovery support services:

- Peer support services
- Recovery residences

Subtopics within substance use:

- Opioid use
- Polysubstance use
- Medications for opioid use disorder (MOUD)

STAGE 2: PRIORITIZE

UXTweak | Instructions

https://study.uxtweak.com/cardsort/k98H6AqXGgG1a2zwakXA2

Leave us Comment Instructions Fullscreen

68 of 71 cards remain

Tier 1: Highest Priority

Look at in-reach peer supports for outside peer support specialists to go into jails and prisons, either in person or virtually.

Look at peer support that helps with the transition from recovery housing to longer term housing

2 CARDS

Tier 2: Medium Priority

Expand from basic reach-in mentor support to helping with skills-building before release.

1 CARD

Tier 3: Lower Priority

0 CARDS

For in-reach peer supports in prisons and jails, look at in-person vs. virtual models. In particular, look at virtual models for settings where there are more challenges for matching people of similar backgrounds, such as in rural prisons.

Beyond basic peer support, people need help with finances, goal setting, etc. to be successful long-term

Look at programs where peer support is going into jails and prisons to work with people right before they are released, to help with the transition before the person has a lot of responsibilities dumped on them post-release.

Peer supports may need more training

When looking at training for peer supports, also look at how they are trained on when to do referrals to other resources

Look at barriers for a peer support person being able to transport the person they are

Sort
Step 3 of 5

Finish sort

STAGE 2: PRIORITIZE

The image shows a wall covered in sticky notes, organized into several categories. The categories are: Underserved Groups, Combinations of Services, Non-Opioid, Mental Health, Peer-Support, Trauma-Informed, Social Network, MAT + Stigma, Recovery Journey, Barriers, Reentry, Education, Housing, Prevention, Treatment Court, Policy, Costs, and Root Causes. Each sticky note contains text and small colored bars (blue, pink, yellow, purple).

Make peer support and recovery housing programs more welcoming to people of color and increase representation of people of color within these spaces.

Young Adult 1

Underserved Groups

Housing Peer-Support

STAGE 3: REFINE

Recovery Housing

The elements of recovery housing that make it most effective are unknown – including internal operations, connection with other services, and environment.

What are the key ingredients of recovery housing (e.g., accountability, social support)? J

What aspects of recovery housing, and the combination of services within them, provide the most help? J P

Beyond recidivism, what are the economic impacts of these? Are there any differences in the use of Medicaid dollars? P

What populations are served by different types of recovery housing and how do outcomes differ across housing types and population groups? P

What strategies can increase representation of people of color within recovery housing? How can recovery housing be more welcoming for people of color? Y

What drives the lack of recovery housing specifically for women, especially those run by women? Y

Make peer support and recovery housing programs more welcoming to people of color and increase representation of people of color within these spaces.

Young Adult 1

Underserved Groups

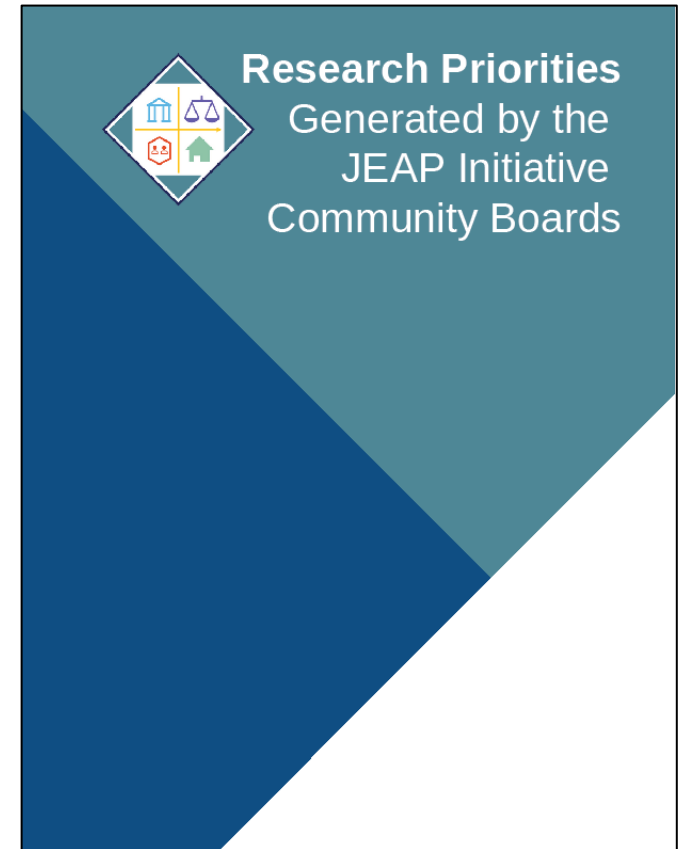
Housing Peer-Support



SELECTED JEAP INITIATIVE RESEARCH PRIORITIES

- How can prevention efforts aimed at emerging adults help counter the glorification of substance use found across different forms of media and entertainment? How can we center the voices of people in recovery within these efforts?
- What fosters resilience along the recovery journey and what role do recovery support services play? And especially how does this apply to emerging adults?
- What are the barriers to accessing quality combined mental health and substance use services and how can these be overcome using recovery support services?
 - What additional challenges do emerging adults face compared to the general population, and how can recovery support services uniquely overcome these challenges?

Full document available on the JEAP website:
<https://www.jeapinitiative.org/research-priorities/>



GENERATING RESEARCH PRIORITIES

- Toolkit designed for individuals who want to use CBPR methods to engage members of affected communities in determining research priorities
- Applicable to issues of recovery, substance use disorder, the criminal legal system, and other topics
- Describes processes/tools that JEAP Community Boards used to develop research priorities, and discusses options for adaptation

JEAP Initiative (2022). *A Toolkit for Generating Research Priorities Through Community-Based Participatory Research*. Oregon Social Learning Center's Justice-Involved and Emerging Adult Populations (JEAP) Initiative. <https://www.jeapinitiative.org/research-priorities/>

Full document available on the JEAP website:

<https://www.jeapinitiative.org/research-priorities/>

A TOOLKIT FOR GENERATING RESEARCH PRIORITIES THROUGH COMMUNITY-BASED PARTICIPATORY RESEARCH



JEAP INITIATIVE

SEPTEMBER 2022

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VISIT [JEAPINITIATIVE.ORG](https://jeapinitiative.org)



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